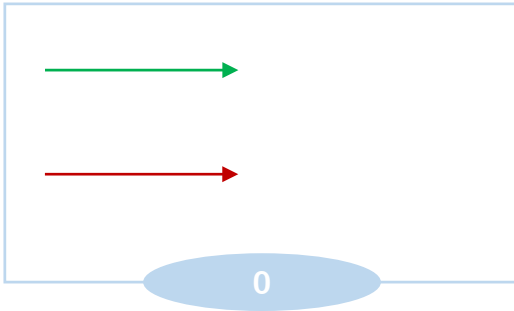


TIME BASED MEDIA

Storyboard: JAPA Meditation

Aiko Ohakoda

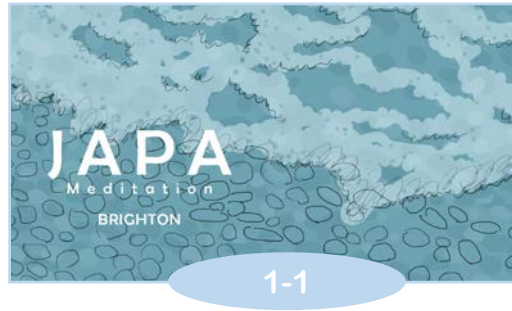


Green Arrow:

Indicates camera movement

Red Arrow:

Indicates movement of objects

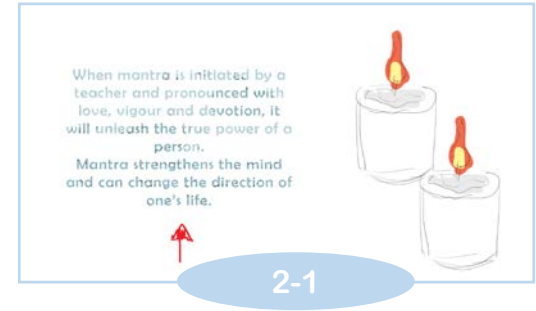


Action: Title logo & waves cut to white . Candles are placed on a white table fade in, slowly zoom in and fade out. Explanation text about JAPA and mantra fade in and out. Waves are overlaying on texts.

Camera shot: Close up,

Audio: Sound of waves, NanamanOkudo

Time: 6sc



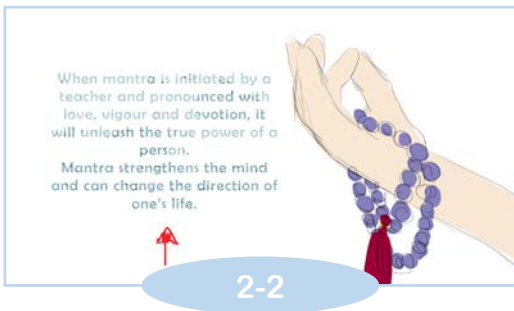
Action: Candles are placed on a white table. Text fade in and out with overlaying waves.

Camera shot: Close up

Camera Movement: Zoom in

Audio: NanamanOkudo

Time: 15sc



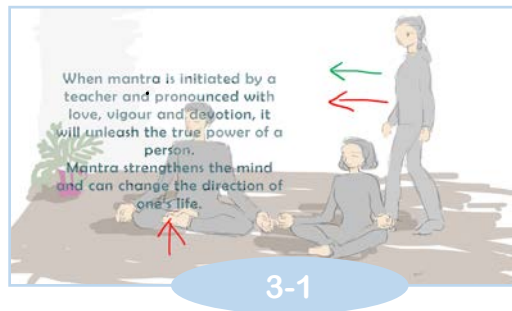
Action: A hand holds beads and makes a hand sign for pray. Explanation text fade in and out. Text fade in and out with overlaying waves.

Camera shot: Close up

Camera Movement: Zoom out

Audio: NanamanOkudo

Time: 15sc



Action: There are some members sit in a room to share their experience and practice meditation in a relaxed atmosphere. A teacher walks behind members. Text fade in and out with overlaying waves.

Camera shot: Wide shot

Camera Movement: Pans

Audio: NanamanOkudo

Time: 9sc

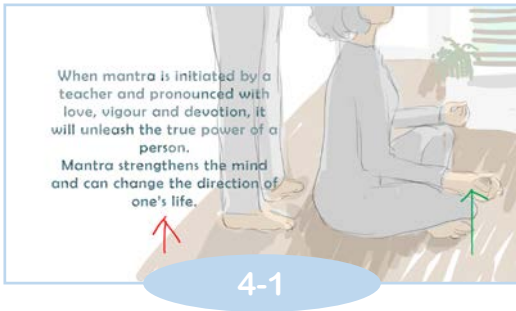


Action: A teacher stops walking, turn her head and looks a member to give support.

Camera shot: Mid shot

Audio: NanamanOkudo, Voice over.

Time: 5sc



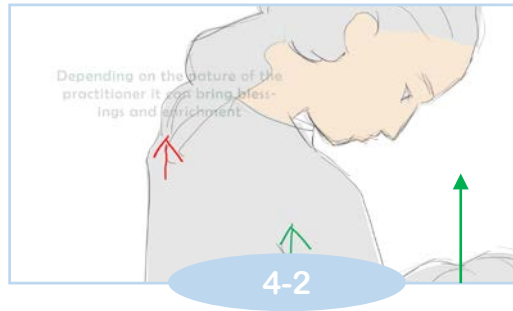
Action: A teacher stands behind a member, guides to open chakra. Text fade in and out with overlaying waves.

Camera shot: Mid shot

Camera Movement: Tilt

Audio: NanamanOkudo

Time: 9sc



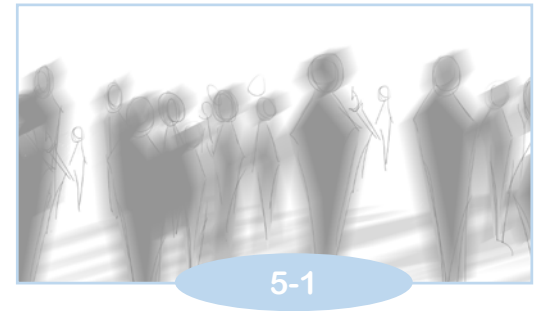
Action: A teacher stands behind a member, guides to open chakra. Text fade in and out with overlaying waves.

Camera shot: Close up

Camera Movement: Tilt

Audio: NanamanOkudo

Time: 5sc

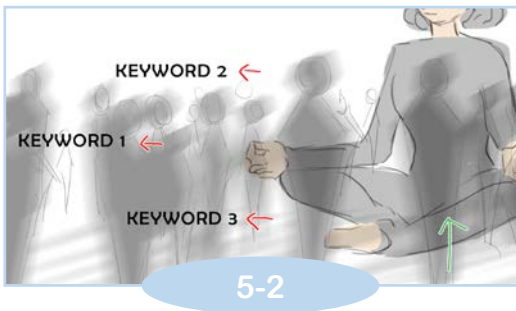


Action: People walk through busily on the road, hurry to work.

Camera shot: Wide shot

Audio: NanamanOkudo, Voice over.

Time: 8sc



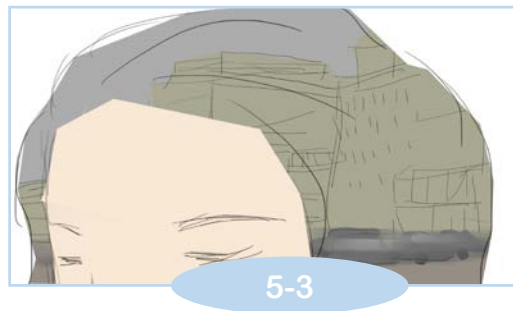
Action: A) People walk through busily on the road, hurry to work. B) A person meditating over wraps the screen. Keywords slide in and slide out.

Camera shot: A) Wide shot B) Close up

Camera Movement: B) Tilt

Audio: NanamanOkudo Voice over.

Time: 16sc

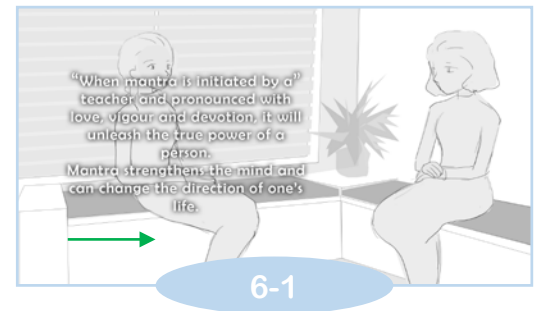


Action: A) Cars in Brighton city pass and across the roads over wrap B) a person's head.

Camera shot: A) Wide shot B) Close up

Audio: NanamanOkudo, Voice over.

Time: 15sc



Action: Member A and a teacher sit on benches placed to the corner of a room and have conversation. Screen still, colour b&w. Text fade in and fade out.

Camera shot: Wide shot

Camera Movement: Pans

Audio: NanamanOkudo

Time: 10sc



Action: Member A talks to a teacher and smiles. Colour b&w.

Camera shot: Mid shot

Audio : NanamanOkudo

Time: 2sc

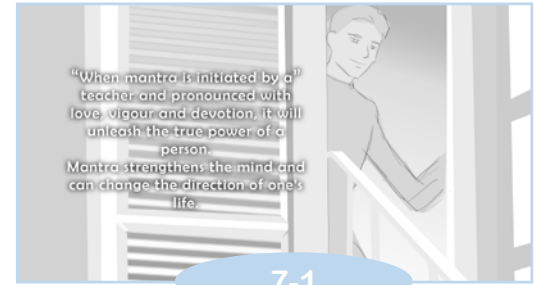


Action: Back to full colour as a member smiles.

Camera shot: Mid shot

Audio: NanamanOkudo

Time: 2sc



Action: Member B opens an entrance door and comes out from the venue. Screen still, colour b&w. Text fade in and fade out

Camera shot: Mid shot

Audio: NanamanOkudo

Time: 7sc



Action: Member B walks down steps, goes out to the street. Colour b&w

Camera shot: Mid shot

Audio: NanamanOkudo

Time: 2sc



Action: Back to full colour as member B looks up the sky.

Camera shot: Close up

Audio: NanamanOkudo

Time: 4sc



Action: Title logo appears on a white screen.

Camera shot: N/A

Audio: NanamanOkudo

Time: 5sc